

For 20-26 May 2016

**TAKE ACTION: SIGN UP NOW FOR ECORRESPONDENCE THROUGH MILCONNECT**



As part of the Department of Defense's (DoD's) efforts to reduce health care costs and "go green" by cutting down on the use of paper, you will receive e-mail messages from the Defense Manpower Data Center directing you to milConnect to get correspondence related to your TRICARE benefit.

**You should provide your e-mail address in milConnect and opt in to receive eCorrespondence so that you receive important information about your TRICARE benefit.**

Up-to-date information and correspondence is always available on milConnect, so you should check back frequently.

To sign up for eCorrespondence to get these e-mail notifications:

- Log in to milConnect. A Common Access Card (CAC), Defense Finance and Accounting Services (DFAS) myPay PIN or DoD Self-Service Logo (DS Logon) is required to log in. For more information about how to access milConnect, visit <https://myaccess.dmdc.osd.mil>.
- Click on the "My Profile" menu.
- Select "Update and View My Profile."
- Add your primary and alternate (if available) e-mail addresses
- Select "Yes" next to each e-mail address.
- Save your information by clicking "Submit."

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